#### Markov chain mixing time

Lecture 5

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### 1 Goal of this lecture

In this lecture, we will look at the notion of mixing time under the relative entropy and  $\ell^2$  distance. We shall see how the log-Sobolev constant come into play to give tighter bound on these mixing times than previous techniques that we learnt in earlier lectures. Classical references are Bobkov and Tetali (2006); Diaconis and Saloff-Coste (1996); Montenegro and Tetali (2006).

# 2 Relative entropy and $\ell^2$ mixing time

In this lecture, we will stick to the continuous-time setting as the results are cleaner. Let P be an ergodic transition matrix on a finite state space  $\mathcal{X}$  with stationary distribution  $\pi$ , and as we have seen in our previous lecture we take the generator to be G = P - I. The continuized chain is a Markov chain  $(X_t)_{t\geq 0}$  with transition semigroup

$$H^t = e^{tG} = \sum_{n=0}^{\infty} \frac{t^n G^n}{n!}$$

Let

$$h_t^x(y) = \frac{H^t(x,y)}{\pi(y)}$$

be the density of  $H_t(x, y)$  with respect to  $\pi$  at time t. Recall in lecture 1 that we are working in the Hilbert space  $\ell^2(\pi)$  with inner product  $\langle f, g \rangle_{\pi} = \sum_{x,y} f(x)g(x)\pi(x)$  and its norm  $||f||_{\pi}^2 := \langle f, f \rangle_{\pi}$ . Define the variance and relative entropy to be respectively

$$\operatorname{Var}_{\pi}(h_{t}^{x}) := \|h_{t}^{x} - 1\|_{\pi}^{2} = \sum_{y \in \mathcal{X}} \pi(y) \left(h_{t}^{x}(y) - 1\right)^{2},$$
  
$$\operatorname{Ent}_{\pi}(h_{t}^{x}) := \sum_{y \in \mathcal{X}} H^{t}(x, y) \log \frac{H^{t}(x, y)}{\pi(y)} = \sum_{y \in \mathcal{X}} h_{t}^{x}(y) \log h_{t}^{x}(y) \pi(y).$$

The  $\ell^2$  and relative entropy mixing time are defined as follows, for  $\epsilon > 0$ ,

$$t_2(\epsilon) := \inf\{t \ge 0; \max_x \operatorname{Var}_{\pi}(h_t^x) \le \epsilon\},\$$
  
$$t_{Ent}(\epsilon) := \inf\{t \ge 0; \max_x \operatorname{Ent}_{\pi}(h_t^x) \le \epsilon\}.$$

The **Dirichlet form** of G is given by

$$\mathcal{E}(f,g) = \langle f, (-G)g \rangle_{\pi} = \sum_{x,y} f(x)(g(x) - g(y))P(x,y)\pi(x).$$

The spectral gap  $\lambda$ , log-Sobolev constant  $\rho$  and modified log-Sobolev constant  $\rho_0$  are defined to be respectively:

$$\begin{split} \lambda &:= \inf_{\operatorname{Var}_{\pi}(f) \neq 0} \frac{\mathcal{E}(f, f)}{\operatorname{Var}_{\pi}(f)}, \\ \rho &:= \inf_{\operatorname{Ent}_{\pi}(f^2) \neq 0} \frac{\mathcal{E}(f, f)}{\operatorname{Ent}_{\pi}(f^2)}, \\ \rho_0 &:= \inf_{f \geq 0; \ \operatorname{Ent}_{\pi}(f) \neq 0} \frac{\mathcal{E}(f, \log f)}{\operatorname{Ent}_{\pi}(f)}. \end{split}$$

### **3** Mixing time bounds via $\lambda$ and $\rho_0$

Our main result in this lecture is the following:

**Theorem 1** Let  $\pi_{min} := \min_x \pi(x)$ . Then for  $\epsilon > 0$ ,

$$t_2(\epsilon) \le \frac{1}{\lambda} \left( \frac{1}{2} \log \left( \frac{1 - \pi_{min}}{\pi_{min}} \right) + \log \frac{1}{\epsilon} \right),$$
  
$$t_{Ent}(\epsilon) \le \frac{1}{\rho_0} \left( \log \log \frac{1}{\pi_{min}} + \log \frac{1}{\epsilon} \right).$$

We first state two lemmas that will help our proof.

**Lemma 2 (Kolmogorov forward equation)** For any  $x, y \in \mathcal{X}$  and  $t \ge 0$ ,

$$\frac{d}{dt}h_t^x(y) = G^*h_t^x(y),$$

where  $G^*$  is the adjoint operator of G in  $\ell^2(\pi)$ .

Lemma 3 (Variance flow and entropy flow)

$$\frac{d}{dt} \operatorname{Var}_{\pi}(h_t^x) = -2\mathcal{E}(h_t^x, h_t^x),$$
$$\frac{d}{dt} \operatorname{Ent}_{\pi}(h_t^x) = -\mathcal{E}(h_t^x, \log h_t^x).$$

**Proof:** 

$$\begin{split} \frac{d}{dt} \operatorname{Var}_{\pi}(h_t^x) &= \sum_{y \in \mathcal{X}} \pi(y) \frac{d}{dt} \left( h_t^x(y) - 1 \right)^2 \\ &= 2 \sum_{y \in \mathcal{X}} \pi(y) \left( h_t^x(y) - 1 \right) G^* h_t^x(y) \\ &= 2 \langle Gh_t^x, h_t^x \rangle_{\pi} - \langle G\mathbf{1}, h_t^x \rangle_{\pi} \\ &= -2 \mathcal{E}(h_t^x, h_t^x), \end{split}$$

where we use Lemma 2 in the second equality, and the fourth equality follows from  $G\mathbf{1} = 0$ .

$$\begin{aligned} \frac{d}{dt} \operatorname{Ent}_{\pi}(h_t^x) &= \sum_{y \in \mathcal{X}} \pi(y) \frac{d}{dt} h_t^x(y) \log h_t^x(y) \\ &= \sum_{y \in \mathcal{X}} \pi(y) (\log h_t^x(y) + 1) G^* h_t^x(y) \\ &= \langle G \log h_t^x, h_t^x \rangle_{\pi} + \langle G \mathbf{1}, h_t^x \rangle_{\pi} \\ &= -\mathcal{E}(h_t^x, \log h_t^x), \end{aligned}$$

where we use Lemma 2 in the second equality, and the fourth equality follows from  $G\mathbf{1} = 0$ .

We can now state the proof of Theorem 1. **Proof of Theorem 1:** By Lemma 3 and the definition of  $\lambda$  and  $\rho_0$ , we have

$$\frac{d}{dt} \operatorname{Var}_{\pi}(h_t^x) = -2\mathcal{E}(h_t^x, h_t^x) \le -2\lambda \operatorname{Var}_{\pi}(h_t^x),$$
$$\frac{d}{dt} \operatorname{Ent}_{\pi}(h_t^x) = -\mathcal{E}(h_t^x, \log h_t^x) \le -\rho_0 \operatorname{Ent}_{\pi}(h_t^x).$$

Desired results follow by noting that

$$\operatorname{Var}_{\pi}(h_0^x) \le \frac{1 - \pi_{\min}}{\pi_{\min}}, \quad \operatorname{Ent}_{\pi}(h_0^x) \le \log \frac{1}{\pi_{\min}}.$$

## 4 Bounds on the log-Sobolev constant $\rho$

In Lecture 2, we have seen how we apply geometric bounds such as Poincaré's or Cheeger's inequality in bounding the SLEM. In the following, we bound  $\rho_0$  in terms of  $\rho$  and  $\lambda$ :

#### Theorem 4

$$2\rho \le \rho_0 \le 2\lambda.$$

We first state a useful lemma:

**Lemma 5** If  $f \ge 0$ , then

$$2\mathcal{E}(\sqrt{f}, \sqrt{f}) \le \mathcal{E}(f, \log f).$$

**Proof:** First, observe that, for a, b, c > 0,

$$a(\log a - \log b) = 2a \log \frac{\sqrt{a}}{\sqrt{b}} \ge 2a \left(1 - \frac{\sqrt{b}}{\sqrt{a}}\right) = 2\sqrt{a}(\sqrt{a} - \sqrt{b})$$

by the relation  $\log c \ge 1 - c^{-1}$ . Then

$$\begin{split} \mathcal{E}(f, \log f) &= \sum_{x, y} f(x) (\log f(x) - \log f(y)) \mathbf{P}(x, y) \pi(x) \\ &\geq 2 \sum_{x, y} f^{1/2}(x) \left( f^{1/2}(x) - f^{1/2}(y) \right) \mathbf{P}(x, y) \pi(x) \\ &= 2 \mathcal{E}(\sqrt{f}, \sqrt{f}). \end{split}$$

**Proof of Theorem 4:** The first inequality is immediate from Lemma 5. For the second inequality, we take  $g \in \ell^2(\pi)$  to be an arbitrary function with  $\mathbb{E}_{\pi}(g) = \langle 1, g \rangle_{\pi} = 0$ . Let  $f = 1 + \epsilon g$ , where  $\epsilon \ll 1$  such that  $f \ge 0$ . Using Taylor expansion, we have  $\log(1 + \epsilon g) = \epsilon g - \frac{1}{2}(\epsilon)^2 g^2 + o(\epsilon^2)$ , and so

$$\operatorname{Ent}_{\pi}(f) = \sum_{y \in \mathcal{X}} \pi(y) f(y) \log f(y) = \frac{1}{2} \epsilon^2 \pi \left(g^2\right) + o\left(\epsilon^2\right),$$
$$\mathcal{E}(f, \log f) = -\epsilon \mathbb{E}_{\pi}((Gg) \log(1 + \epsilon g)) = \epsilon^2 \mathcal{E}(g, g) + o\left(\epsilon^2\right).$$

As a result, we have

$$\mathcal{E}(f, \log f) = \epsilon^2 \mathcal{E}(g, g) + o(\epsilon^2) \ge \rho_0 \operatorname{Ent}_{\pi}(f) = \frac{\rho_0}{2} \epsilon^2 \pi (g^2) + o(\epsilon^2).$$

Dividing by  $\epsilon^2$  and take  $\epsilon \to 0$  yields

$$\frac{\mathcal{E}(g,g)}{\pi(g^2)} \ge \frac{\rho_0}{2}.$$

Desired result follows since this holds for arbitrary g with  $\mathbb{E}_{\pi}g = 0$ .

#### References

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